

PRESS RELEASE

“Twins, triplets or more - multiple aspects of growth”

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The Australian Multiple Birth Association (AMBA) 41st National Convention is being held in Canberra 25-27 October 2013.

AMBA Chairperson and mum of twins Caroline Hutchison said: “the three-day convention is a chance for parents of twins, triplets, quads and quins to share ideas and trade tips. AMBA’s motto is ‘support from those who know’ and this is a chance for parents to meet people in a similar situation. It is also a chance to take a break; for some attendees here it’s there only weekend away from their kids all year”.

AMBA Communications Director and mum of triplets Ali Mountifield said: “the Convention is the one opportunity each year to gather together as many from the AMBA family as possible, to share and learn from our experiences and access information and advice to tackle our challenges”.

“Parents of twins, triplets or more will be gathering in Canberra to hear from AMBA’s Patron Assoc Prof Mark Umstad about the growth of multiples in pregnancy and providing an update on what is new in multiple birth pregnancies”. “There’s a great line-up of speakers that will follow on from Mark on the Sunday covering numerous topics that are relevant to parents of multiples”.

“Important AMBA business will be conducted with the Annual General Meeting and AMBA clubs from around Australia will be sharing ideas with each other in order to help each other extend their support and services to parents of multiples”.

“When I was pregnant with my triplets I joined my local club very quickly and access the available support and services; it amazed me then, and still now, how a 100% volunteer-run organisation could provide such incredible support. It reminds me of the saying ‘If you want something done, ask a busy person’. I’m now living proof of how members of clubs are prepared to volunteer their spare time to give back to the club and to provide support for those following in their footsteps”.

ABOUT OUR ORGANISATION

The Australian Multiple Birth Association (AMBA) is a not-for-profit organisation comprising of multiple birth families. The organisation provides support, resources and education to multiple birth families from “those who know”.

CONTACT DETAILS

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